



HEALTHIER FAMILIES • STRONGER COMMUNITY

**SHARE Food Network Provides  
Discounted Nutritious  
Groceries Every Month!**

**JUNE 2023**

# MENU



**liveWell  
FREDERICK**



Visit [www.FrederickHealth.org/SHARE](http://www.FrederickHealth.org/SHARE) to request a call back to place an order.  
For more information, call the Frederick Health SHARE hotline at 240-566-7427.

## **A Value Package: \$26**

2.5 lbs. Boneless Skinless Chicken Breast,  
1.25 lb. Whole Wings, 1 lb. Ground Beef,  
1 lb. Tilapia, 8 oz. Cheddar Cheese Block

Value package  
includes 8-10  
pounds of  
fresh fruits and  
vegetables!



## **ALL SPECIALS** *Limited quantity | All menu items subject to change*



**\$27**

**B**

### **Turkey Breast**

2 – 3 lb. fully-cooked Turkey Breasts



**\$24**

**C**

### **Produce Box**

Mix of fresh Produce available



**\$19**

**D**

### **Assorted Fried Chicken**

5 lbs. fully-cooked oven/fryer-ready  
Fried Chicken

## **Everyone can SHARE! Will you?**

1. Frederick Health employees can order and pay in the hospital cafeteria.
2. To order and pay by phone, please complete a callback form here: [www.FrederickHealth.org/SHARE](http://www.FrederickHealth.org/SHARE)
3. Orders will be distributed from 8:30-10 AM on Saturday, June 24th at Frederick Health Village.
4. Orders are due by noon on Friday, June 9th.



**Frederick  
Health**

[CatholicCharitiesDC.org/Share](http://CatholicCharitiesDC.org/Share) | [SHAREORDERS@CC-DC.ORG](mailto:SHAREORDERS@CC-DC.ORG) | 301-864-3115 or 800-21-SHARE